What is claimed:

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A device for retracting body skin folds during diagnostic or surgical
procedures comprising:

an elongated element adapted to be removably mounted to a diagnostic or surgical procedure table;

an elongate arm adapted to be slidably mounted on said elongated element, said elongate arm having a plurality of open channels;

a plurality of flexible elements adapted to be received on said elongate arm; and a gripping device connected to each of said plurality of flexible elements, where said gripping device grasps and retracts body skin folds during diagnostic or surgical procedures.

- 15 2. The device according to claim 1 wherein said flexible elements comprise a plurality of raised portions adapted to be received by said open channels.
 - 3. The device according to claim 2 wherein said raised portions define generally a circular area.

4. The device according to claim 1 wherein said elongate arm defines generally a curved area.

- 5. The device according to claim 1 wherein said gripping device is bifurcated.
 - 6. The device according to claim 1 further comprising a material covering said gripping device.
- 7. The device according to claim 6 wherein said material is made of an elastomeric material.

- 8. The material according to claim 6 wherein said material is replaceable.
- 9. A method for retracting body skin folds during diagnostic or surgical procedures, the method comprising the steps of:

positioning a device over the body skin folds, said device comprising an elongated element adapted to be removably mounted to a diagnostic or surgical procedure table; an elongate arm adapted to be slidably mounted on said elongated element, said elongate arm having a plurality of open channels; a plurality of flexible elements adapted to be received on said elongate arm, said flexible elements having a plurality of raised portions adapted to be received by said open channels; and a gripping device connected to each of said plurality of flexible elements;

grasping the body skin folds with said gripping device connected to each of said plurality of flexible elements; and

positioning said flexible elements through said open channels of said elongate arm wherein said raised portions hold each flexible element in a temporary fixed position retracting body skin folds during diagnostic or surgical procedures.

- The method according to claim 9 wherein said raised portions definegenerally a circular area.
 - 11. The method according to claim 9 wherein said elongate arm defines generally a curved area.
- The method according to claim 9 wherein said gripping device is bifurcated.
 - 13. The method according to claim 9 wherein said device further comprises a material covering said gripping device.

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- 14. The method of claim 13 wherein said material is made of an elastomeric material.
 - 15. The method of claim 13 wherein said material is replaceable.